

Greta Manoni




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PRESENTATION

Psychologist with background in neuroscience and experience in clinical, hospital, and research settings. I work in private practice, integrating my expertise into personalized pathways with an approach centered on **creativity** — understood not as artistic production, but as an inner resource. Alongside my clinical work, I develop an **artistic and environmental project** aimed at exploring new forms of care.

EDUCATION

- **Postgraduate Specialization Course: “Multidimensional psychological Assessment and Intervention Techniques in Social and Healthcare contexts”**
University of Bergamo, Italy [11\2022 – 12\2023]. Final Grade: 110/110
- **Master’s degree in Cognitive Processes and Technologies – Neuroscience (LM-51)**
International Telematic University Uninettuno, Rome [02/2020 – 03/2022]. Graduated with honors.
- **Bachelor’s degree in Psychological Sciences and Techniques – Psychosocial disciplines, Faculty of psychology (L-24)**
International Telematic University Uninettuno, Rome [09/2015 – 12/2019]. Graduated with honors.
- **Scientific High School Diploma (Liceo Scientifico) – German Language Track**
Istituto d’Istruzione Superiore Balilla Pinchetti, Italy [09/2009 – 09/2014]. Final Grade: 81/100

WORK EXPERIENCE

- **Self-employed Psychologist – Private Clinics**
 - **Moltoni Medical**, Sondrio (SO), Italy [09/2023 – Present]
 - Psychological care and development of individualized treatment pathways.
 - Psychological and neuropsychological assessments, including bariatric surgery evaluations.
 - Collaboration with physicians and other healthcare professionals to ensure an integrated approach to patient care.
 - **Clinica Gia.Da**, Mazzo di Valtellina (SO), Italy [09/2023 – 09/2025]
- **Psychologist / Neuropsychologist Consultant – Moriggia-Pelascini Hospital**
High-complexity Neurorehabilitation Centre, Gravedona ed Uniti (CO), Italy [07/2023 – 06/2025]
 - Neuropsychological assessment of patients with Parkinson’s disease and atypical parkinsonian syndromes. Anamnestic interviews and psychological support with patients and/or caregivers.

- **Research Collaborator – Ente Ospedaliero Cantonale (EOC)**
S. Giovanni Hospital, Bellinzona, Ticino, Switzerland [08/2023 – 06/2024]
 - Participation in a research line on decision fatigue in physicians, aimed at improving the quality of clinical decision-making and optimizing patient outcomes.
- **Research Intern – Institute of Communication and Health**
Università della Svizzera Italiana (USI), Lugano, Switzerland [11/2022 – 01/2023]
 - Research activities in health psychology and health communication, with a focus on the doctor–patient relationship, decision-making processes in healthcare, and adherence to medical treatment.
- **Clinical Intern**
“Moriggia-Pelascini” Hospital, Neurorehabilitation Center, Gravedona ed Uniti [04/2022 –10/22]
 - Development of competencies in clinical interviewing, administration of psychometric tests, preparation of clinical reports, and understanding of service activities.

SCIENTIFIC PUBLICATIONS

- **Research articles:**
 - Manoni, G. (2026). Micro-Spaces of Pause: Toward Care as an Attentive Experience. Zenodo. <https://doi.org/10.5281/zenodo.18924933>
 - Grignoli N, Manoni G, Gianini J, Schulz P, Gabutti L, Petrocchi S. Clinical decision fatigue: a systematic and scoping review with meta-synthesis. *Family Medicine and Community Health*. 2025;13:e003033. <https://doi.org/10.1136/fmch-2024-003033>
 - Siri C, Carollo A, Manoni G, Manoni G, Canesi M. Hospital Based Motor Cognitive Rehabilitation Training. What After? Abstract presented at the International Congress of the International Parkinson and Movement Disorder Society, 2023. Published in *Movement Disorders, supplement*.
 - Petrocchi, S., Pellegrino, S.A., Manoni, G. *et al.* “What does not kill you... mutates and tries again.” A study on personality determinants of post-traumatic growth during the COVID-19 pandemic. *Curr Psychol* **42**, 20134–20148 (2023). <https://doi.org/10.1007/s12144-023-04415-5>
 - Manoni, G., Puzzo, C., Gigantesco, A., & Adriani, W. (2022). Behavioral Phenotype in Heterozygous DAT Rats: Transgenerational Transmission of Maternal Impact and the Role of Genetic Asset. *Brain Sciences*, *12*(4), 469. <https://doi.org/10.3390/brainsci12040469>

PROJECTS AND INTERESTS

- **Visual and sculptural arts:** painting, sculpture, and environmental installations inform my artistic research, which led to the development of the environmental project *Micro-spazi di pausa* (2026).
- **Writing:** development of several editorial projects, some with theatrical and musical evolutions.
- **Care practices and environment:** interest in everyday forms of caring for space and the environment, including self-production, gardening, and cooking.
- **Communication:** radio contributions with public-oriented talks on psychological topics; I am interested in making complex concepts accessible and engaging.

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